

Small Gym Schedule Summer 1 Session (6/14/09-07/18/09)

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
8:00am-2:15pm Open Gym*	5:00am – 10:00am Open Gym*	5:00am – 9:00am Open Gym*	5:00am – 10:00am Open Gym*	5:00am- 4:30pm Open Gym*	5:00am – 10:00am Open Gym*	5:30am- 7:15am Open Gym
		9:15am-10:00am Tiny Tot Soccer				8:00am-9:00am Combat Core
	10:00am-11:00am Step	10:00am-11:00am Cardio Burn	10:00am - 11:00am Step		10:00am-11:00am Cardio Burn	9:15am-10:15am Family TKD
	11:15am-1:15pm Day Camp	11:15am- 12:15pm Hatha Yoga	11:00am-3:30pm Open Gym*		11:15am-12:00pm Tiny Tot Basketball	10:15 am- 11:30am Open Gym
	1:15pm-4:30pm Open Gym*	12:15pm-4:15pm Open Gym*			12:00pm-7:00pm Open Gym*	11:30am-12:25pm Youth Intermediate & Advanced TKD
2:00pm-2:30pm Gym & Swim						12:30pm-1:25pm Youth Beginners TKD
3:00pm-6:00pm Gym Rentals+	4:45pm-5:40pm TKD Tigers	4:30pm-5:25pm Youth Beginners TKD\$	4:45pm-5:40pm TKD Tigers	4:30pm-5:25pm Youth Beginners TKD		2:30pm-4:30pm Judo 1
*Indicates times when the small gym May be occupied by Day Camp.	6:15pm – 7:15pm Adult TKD	5:30pm-6:25pm Youth Intermediate TKD	6:15pm – 7:15pm Adult TKD	5:30pm-6:25pm Youth Intermediate TKD		4:45pm- 7:15pm Gym Rentals+
*Indicates times when the small gym is reserved for rentals. If no rentals are scheduled, the small gym shall remain open.	7:30pm-8:30pm Combat Core Make-up class only	6:30pm-7:25pm Youth Advanced TKD	7:30pm-9:30pm Judo 2	6:30pm-7:25pm Youth Advanced TKD	7pm-9pm Last Friday of the Month Family Night	
	8:45pm- 10:00pm Open Gym	8:45pm- 10:00pm Open Gym		8:30pm-10:00pm Open Gym		

