

Summer I and II Pool Schedule (06/15/08-08/23/08) * This schedule is subject to change

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
8:00 – 10:00 a.m. Adult Lap Swim	5:30-9:00 a.m. Adult Lap Swim	5:30-9:30 a.m. Adult Lap Swim	5:30-9:00 a.m. Adult Lap Swim	5:30-10:00 a.m. Adult Lap Swim	5:30-9:30 a.m. Adult Lap Swim	7:00 – 9:00 a.m. Adult Lap Swim
10:00– 10:45 a.m. Prenatal Aqua Aerobics	9:00-10:00 a.m. Hydro Fit	9:30 -11:15 a.m. Gym n Swim / Camp	9:00-10:00 a.m. Hydro Fit	10:00 – 11:15 a.m. Camp	9:00-10:00 a.m. Hydro Fit	9:00 – 2:00 p.m. Group Swim Lessons
11:00 – 3:30 p.m. Group Lessons	10:00-11:30 a.m. SELF Group Rental/ Camp	11:15-12:00 p.m. Twinges in the Hinges	10:00-11:30 a.m. SELF Group Rental/ Camp	11:15 – 1:30 p.m. Adult Lap Swim	10:00 – 12:15 p.m. Ravenswood School Rental	2:00 – 4 p.m. Adult Lap Swim
3:30 p.m. – 5 p.m. Open Swim	11:30-1:30 p.m. Adult Lap Swim	12:00 – 1:30 p.m. Adult Lap Swim	11:30 – 1:30 p.m. Open Swim	1:30 – 3:00 p.m. Camp	12:15 – 2:00 p.m. Adult Lap Swim	4:00 – 7:00 p.m. Open Swim
	1:30– 4:00 p.m. Open Swim	1:30 – 3:00 p.m. Camp	1:30 – 3:00 p.m. McCormick Tribune Rental	3:00 – 5:00 p.m. Open Swim	2 p.m. – 7:00 p.m. Open Swim	
	4:00 – 5:30 p.m. Group Lessons	3:00 – 5:30 p.m. Open Swim	3:00 – 4:00 p.m. Adult Lap Swim	5:00 – 6:30 p.m. Adult Lap Swim	7:00 – 9:00 p.m. Adult Lap Swim	
	5:30 – 7:30 p.m. Open Swim	5:30 – 6:30 p.m. Hip Hop Aqua Aerobics	4:00 – 5:30 p.m. Group Lessons	6:30 – 8:00 p.m. Group Lessons		 <p>Irving Park YMCA 4251 W. Irving Park Rd. 773-777-7500 www.irvingparkymca.org</p>
	7:30 – 9:00 p.m. Adult Lap Swim	6:30 – 8:00 p.m. Group Lessons 8:00 – 9:00 p.m. Hydro Fit	5:30 – 7:30 p.m. Open Swim 7:30 – 9:00 p.m. Adult Lap Swim	8:00 – 9:00 p.m. Hydro Fit		

- Pool Parties may be scheduled on Saturday and Sunday afternoon during Open Swim. All parties reserve the entire pool.
- Adult Lap Swim is reserved for those who are 16 years of age or older; exceptions may be made with prior consent of the Aquatics Director
- Children under the age of 6 must have an adult in the water swimming at all times. Children under the age of 9 must have an adult in the water unless they have passed the deep end test
- Anyone 18 years or younger who wishes to swim in the deep end must first pass a deep end test